

## Intensive Outreach Service – Mental Health Therapist

Reporting to: Director of Supervision and Development/Director of Programs and Services

Location: Stratford Office (with travel to Clinton and Listowel offices as required)

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The Huron-Perth Centre is an accredited child and youth mental health centre that offers an employment experience conducive to professional growth and development for all staff. We provide children, youth, parents, caregivers, women, families, and communities with the tools and supports they need to strengthen their mental health and well-being.

**Our Vision:** Healthy relationships and wellness for all in our community.

**Our Mission:** Supporting children, youth and families on their mental health journey.

**Our Values:** positive relationships; stronger together; dignity and self-worth; equity; belonging; hope

### What's the Opportunity?

We are looking for a full time mental health therapist, who will provide leadership to a new intensive outreach service. The candidate will work closely with HPC Child and Youth workers and applicable community resources to provide CYMH service to children/youth who would benefit from intensive mental health support utilizing a phase approach: client/collateral engagement, stabilization and service coordination, treatment and transitional planning. Time will be spent contributing to the ongoing development of the role, including liaison with Centre and Community-based supports, including crisis, and other hospital teams, as well as psychiatry, and education partners.

### Why Work for Us?

The Huron-Perth Centre is the lead agency for children's mental health services in Huron and Perth counties. Our team is committed to the wellness of our clients, each other and to clinical excellence. Our workplaces are brave places for staff and families. We care for our staff team by providing guidance and support, professionalism, and respect.

### Join us to:

- Work with an exceptional group of staff with the shared purpose of improving the lives of children and youth.
- Grow your clinical lens through work with a diverse team of clinicians
- Provide support to children, youth and their families
- Work closely with community partners to support the needs within our communities

### What You'll be Doing:

#### Key Functions:

##### Assertive Engagement

The person in this role will use a variety of skills to engage the client and their families in various services, especially those who may initially be hesitant to participate. Assertive engagement involves meeting clients

where they are and being flexible, creative, and adaptable in the utilization of services. For clients transitioning from a hospital, live-in, or other community settings, this approach includes collaborating with staff, clients, and their families to ensure a smooth transition and connection prior to discharge.

### **Case Management**

This person will implement Case Management services to connect clients with community resources with the goal of supporting children and youth in remaining in the community, transitioning home from higher acuity care, and achieving their personal goals.

### **Assessment**

This person and team, utilizes a variety of evidence-based assessments, including measurement-based tools to facilitate the development of treatment goals and individualized plans of care. Assessments are completed during the intake process, with follow-up assessments every three months, and as needed.

### **Individual/Group/Family Therapy**

Therapy is offered in our Intensive program by those who meet their regulatory college requirements. In this role, therapy is offered in multiple formats, including individual, family, and group.

### **Individual/Family Psychoeducation**

Psychoeducation works towards empowering clients and family members with the knowledge and tools to decrease stigma and build awareness within the child, youth, and family. Psychoeducation helps to build capacity by providing condition-specific education, such as early warning signs, how to minimize stressors/triggers, coping strategies and progression of illness.

### **General Responsibilities:**

- Contributing to the development of the Intensive Mental Health Outreach service in collaboration with HPC Directors
- Work with key community partners – local crisis, hospital teams, psychiatry, education partners to provide consultations and collaborative service planning
- Confirm program structure and referral process
- Confirm applicable assessment and assess family's readiness for programming
- Confirm program evaluation
- Regular connection with the Huron Perth Centre team, including screening
- Appropriate documentation in EMHware, including workload function associated with the role
- Comply with the Centre's Occupational Health and Safety policies and procedures
- All other duties as assigned

### **Anticipated Outcomes:**

- Timely and responsive service to children/youth/families in need of intensive mental health support
- Improved child/youth/family functioning, mood, resilience
- Enhanced pathways to service and engagement with applicable supports
- Enhanced capacity for Centre's work with CSCN, child welfare, education, Complex Transition Funding.

- Opportunities for relationship development and repair
- Improved parenting capacity
- Enhanced stability and decrease in crisis response

### **What We're Looking For:**

- Master's degree (desired) in an appropriate area for clinical work with children, adolescents and families/experience in a related setting
- Member of one of the approved colleges for the regulation of the controlled act of Psychotherapy
- Preferred 2 years of experience in related field, including Child and Youth Mental Health, Psychiatry, Service Coordination, Inpatient Health Services, Crisis Response
- Program development experience
- Interest in working with Data and Program evaluation
- Working knowledge of local services, and programs
- Working knowledge of Microsoft Windows and Office applications
- Experience with an electronic data system and record keeping
- Strong communication skills-interpersonal, oral and written
- Respect for all aspects of confidentiality

### **Anything Else You Should Know?**

- 35 hours per week
- Travel will be required across offices
- There may be times when this role is required to work in excess of the normal workweek to meet administrative or other responsibilities.

**Hourly Rate: \$33.69 - \$41.08**  
**Closing Date: March 8, 2026, 5:00 PM**

**Please email your expression of interest, resume, and proof of qualifications to [careers@hpcentre.on.ca](mailto:careers@hpcentre.on.ca)**

Huron-Perth Centre values diversity and inclusion in our workforce and our services. We believe that diverse perspectives and backgrounds enrich our performance, our communities, and our employees' lives. If you need any accommodation during the recruitment process, please contact ([careers@hpcentre.on.ca](mailto:careers@hpcentre.on.ca)) We appreciate the interest of all applicants, but only those selected for an interview will be contacted.